

1. The new series is called: Ten Minute **Recipes** for Tired Cooks!
2. The series is presented by the celebrated **chef**, Tony Page.
3. Tomato and cucumber salad is a quick and **easy** summer starter.
4. The soft **tomatoes** contrast with the crisp cucumber.
5. Salt and pepper are **optional** extras for this recipe.
6. The cucumber needs to be cut into **quarters**.
7. Remove the **seeds** because they do not taste nice.
8. You need two **spoonfuls** of mayonnaise.
9. You do not want the **dressing** to overpower the vegetables.
10. The great thing about this salad is the short **preparation** time.